

## Celestial Stars Arts Academy

### Required Dance Wear for classes and rehearsals

*Dress Code: Why does it matter? When taking a classical ballet class dancers are asked to wear a specific color, perhaps a specific leotard, tights, and shoes. The reason this is so important is dancers need to be able to see the lines their body is making, they need to notice hip alignment, straight knees, lifted arches, head alignment, arm position and so much more technical detail. They do not need to be distracted by color, straps, patterns, lines and random things. In addition, when a teacher looks across the room, it is so much easier to catch and correct things when there is a uniform look to all the dancers. Parents- Don't let your children push these boundaries. You are paying for quality ballet instruction with progress you can measure - partner with the teacher by supporting the dress and hair standards that are part of the discipline you are wanting by putting your child in Ballet.*

#### All Students

Each student needs a dance bag with extra leotard, tights, shoes, hair items and sewing kit. During the winter months you may wear leg warmers and/or a Ballet sweater until warmed up. You are only to wear the appropriate color leotard for your level and your clothing must be clean with no rips or holes. Extra articles of clothing are not permitted, including skirts and shorts. No bras or underwear (Mondor's are acceptable). Ballet shoes must fit, do not get shoes 'to grow into' as this impairs movement. NO BAGGY CLOTHES, STREET WEAR, OR JEWELRY. Never walk outside in your dance shoes and always cover up when outside.

#### Hair

- Ballet students will wear their hair slick back into a secure bun (**NO PONYTAILS**)
- All other students secure hair up and out of face

#### Creative Movement

- Footless pink tights
- NO SHOES
- Light pink leotard, pink skirt allowed (NO TUTUS)

#### Ballet tights and shoes

- Ballet pink convertible tights
- Split-sole pink canvas Ballet shoes

#### Pre-Ballet

- Lilac leotard

#### I-Basic

- Light Blue leotard

#### II-Beginner

- Navy Leotard

#### III-Intermediate

- Royal Blue Leotard

#### IV-Advanced

- Purple Leotard

#### V-Pre-professional

- Red Leotard

#### Pointe

- Professionally fitted pointe shoes, elastic and ribbon
- Dancers must have new shoes once shoes are 'dead'

#### Contemporary

- Black or tan tights and black dance shorts or leggings allowed

All items are available at Well-heeled in Lexington. Please shop local and support this small-business! You receive our studio discount on certain items.

#### Tap Shoes

I-II Black Mary Janes

III-IV Black slip-on or lace-up

#### Hip-Hop

Black or tan tights and black dance shorts or leggings allowed

Dance sneakers or sneakers

#### Boys/Young Men

White or black leotard or t-shirt

Black tights or bike shorts

Black split-sole canvas ballet shoes

Dance belt

Jazz pants allowed for contemporary, tap and hip hop

#### Homeschool

Black leotard

#### Company

Company warm-ups

Level attire